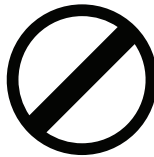







VOLUNTEER CHECK LIST AND DON'T COME IF INFORMATION

Be certain to review the information below prior to your volunteer experience. Due to insurance regulations, children under 12 are not allowed to work in our warehouse area for the repack volunteer experience

- ✓ There is nowhere to secure personal items like purses or cell phones. Please leave them in the trunk of your vehicle or at home.
- ✓ No open toed shoes or high heels are allowed in our kitchen or warehouse area.
- ✓ Please bring a jacket or sweater because it gets chilly in the kitchen / warehouse area.
- ✓ No gum chewing or beverages are allowed while working in the kitchen or warehouse area.
- ✓ Hair nets, rubber gloves and aprons will be furnished and are required in the warehouse and kitchen area at all times
- ✓ Please fill out your volunteer information and waiver form prior to your visit.



DON'T COME IF

-  If you have been ill or around anyone ill within the last 24 hours... who has had any of the following symptoms you will not be allowed to volunteer in the kitchen / warehouse area.
-  If you have an open infected cut or boil that is draining and cannot be covered. A sore throat with fever, diarrhea, vomiting, and jaundice.
-  If you have been diagnosed within the past 90-days of having (or been around someone who has) any of the following:

NOROVIRUS	HEPATITIS A	SHIGELLA	E.COLI 0157:H7	SALMONELLA TYPH I
The most common symptoms of acute gastroenteritis are diarrhea, vomiting, and stomach pain (CDC, 2010).	Clinical manifestations of hepatitis A often include the abrupt onset of fever, malaise, anorexia, nausea, and abdominal discomfort, followed within a few days by jaundice (CDC, 2010)	Most that are infected with Shigella develop diarrhea, fever, and stomach cramps starting a day or two after they are exposed to the bacteria. The diarrhea is often bloody (CDC, 2010)	The symptoms of a Shiga toxin-producing E. coli, (STEC) infections vary for each person but often include severe stomach cramps, diarrhea (often bloody), and vomiting (CDC, 2010).	Typhoid fever has an insidious onset characterized by fever, headache, constipation, malaise, chills, and myalgia with few clinical features that reliably distinguish it from a variety of other infectious diseases (CDC, 2010).