

# SEPTEMBER 2025

30 WAYS IN 30 DAYS TO TAKE ACTION AGAINST HUNGER WITH FORGOTTEN HARVEST!



### MON

### WED

SHARE YOUR

### RI

Scan me to schedule a tour!

FOLLOW US ON SOCIAL MEDIA TO KICK OFF HUNGER ACTION MONTH!





START COLLECTING ALL YOUR CHANGE DURING THE MONTH

TO DONATE TO

FORGOTTEN HARVEST

PASSION FOR ENDING HUNGER! ON YOUR SOCIAL MEDIA AND TAG **FORGOTTEN HARVEST** 

SHARE THIS CALENDAR ON A LOCAL BULLETIN BOARD TO

INSPIRE OTHERS TO GET INVOLVED

DID YOU KNOW THAT WE HAVE A FARM IN FENTON. MI? EMAIL LORI AT LSETERA@ FORGOTTENHARVEST.ORG TO PLAN A FALL HARVEST

CHILDREN FACE HUNGER IN METRO DETROIT, SHARE THE MISSION OF FORGOTTEN HARVEST TO SPREAD THE WORD

IT'S NATIONAL GRANDPARENTS' DAY! GIVE TODAY IN HONOR OF A BELOVED GRANDPARENT OR GRANDCHILD

8 school has STARED, MANY STUDENTS RELY ON FEDERAL FUNDING TO RECEIVE MEALS AT SCHOOL. CONTACT YOUR REPRESENTATIVE TO LET THEM KNOW YOU SUPPORT FEEDING KIDS

ACTION DAY!!!

WEAR ORANGE TODAY O SHOW THAT YOU'RE FIGHTING HUNGER IN

DONATE TODAY TO FIGHT HUNGER IN METRO DETROIT!!!

DAY OF SERVICE AND REMEMBRANCE: SIGN UP FOR A FUTURE VOLUNTEER OPPORTUNITY

TO MAKE AN EVEN LARGER IMPACT, ASK YOUR COMPANY IF THEY WILL MATCH YOUR DONATIONS TO FORGOTTEN HARVEST

CREATE YOUR 13 OWN FUNDRAISER

TO SUPPORT FORGOTTEN HARVEST AND ASK YOUR FRIENDS AND FAMILY TO SUPPORT YOU!



TALK WITH YOUR CHILDREN ABOUT HUNGER IN OUR COMMUNITY

SCHEDULE A FORGOTTEN HARVEST SPEAKER FOR YOUR GROUP OR ORGANIZATION. **CONTACT SYDNEY** JOHNSON AT (248) 268-7538



CHECK OUT **OUR NEWEST BLOG AND NEWSLETTER** ON OUR WEBSITE

PLAN A "CASUAL FRIDAY FOR A CAUSE" AT YOUR WORK AND DONATE THE PROCEEDS TO FORGOTTEN

WHAT DOES FOOD INSECURITY MEAN TO YOU?

EMAIL YOUR STORY TO: **AORZECH**@ FORGOTTENHARVEST.ORG

HOST A HEALTHY MEAL AND DISCUSS FOOD INSECURITY WITH YOUR FAMILY AND FRIENDS





HARVEST TRUCK OUT IN THE COMMUNITY? TAKE A PICTURE AND TAG US ON SOCIAL MEDIA

MAKE A DONATION IN HONOR OF A LOVED ONE



WOMEN'S HARVEST LUNCH IS JUST ONE MONTH AWAY ON, OCTOBER 23RD.2025 BUY YOUR TICKETS TODAY!



MAKE A GIFT FROM YOUR IRA TO HELP FEED LOCAL FAMILIES



SHARE A POST ON YOUR SOCIAL MEDIA TO SPREAD THE WORD ON FOOD INSECURITY

**HARVEST** 



VOLUNTEERISM IS LOW JANUARY-MARCH PLEASE MARK YOUR CALENDAR TO SIGN-UP FOR AN OPPORTUNITY DURING THOSE MONTHS



NAME FORGOTTEN HARVEST IN YOUR WILL TO LEAVE A LASTING LEGACY





CONSIDER GIVING A STOCK GIFT TO FORGOTTEN HARVEST

SEE THE IMPACT OF HUNGER IN YOUR COMMUNITY BY VISITING: HTTPS://MAP.FEEDING AMERICA.ORG/

AS THE MONTH CONCLUDES. TAKE TIME TO SHARE WITH SOMEONE WHY FEEDING METRO DETROITERS MATTERS -THANK YOU FOR ALL THAT YOU DO!

## TO GIVE ONLINE:

WWW.FORGOTTENHARVEST.ORG/DONATE/

TO GIVE BY MAIL: FORGOTTEN HARVEST 15000 W. 8 MILE RD OAK PARK, MI 48237



FOR MORE INFO ON VOLUNTEERING PLEASE EMAIL:

VOLUNTEER@FORGOTTENHARVEST.ORG



